

## **INDIAN INSTITUTE OF TECHNOLOGY ROORKEE**

**NAME OF DEPARTMENT/CENTER/SCHOOL:** Centre for Indian Knowledge Systems

**Subject Code:** IKS-502

**Course Title:** The Philosophy of Yoga

**L-T-P:** 2-0-0

**Credits:** 2

**Subject Area:** SSC

**Course Outline:** An Introduction to the Six Schools of Indian Philosophy (Shad Darshanas), The Yoga Sutra of Patanjali, The Samādhi Pāda, Sādhana Pāda, Vibhuti Pada, Kaivalya Pada.