

भारतीय प्रौद्योगिकी संस्थान रूड़की
Indian Institute of Technology Roorkee

RECRUITMENT EXAMINATION FOR STAFF NURSE (PSYCHIATRIC)

TIER-II

इस पुस्तिका में 8 पृष्ठ शामिल हैं।
This booklet consists of 8 pages.

अधिकतम अंक: 25
Maximum Marks: 25

समय: 60 मिनट
Time: 60 Minutes

Name of Candidate (CAPITAL LETTERS): _____
अभ्यर्थी का नाम

Roll Number: _____
अनुक्रमांक

Father's / Husband's Name: _____
पिता / पति का नाम

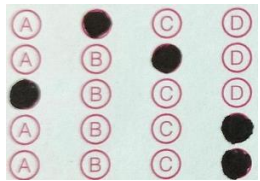
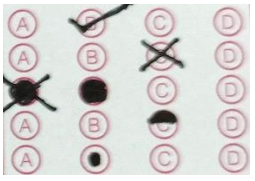
Date of Examination: _____
परीक्षा की तिथि

Signature of Candidate
अभ्यर्थी के हस्ताक्षर

Signature of Invigilator
निरीक्षक के हस्ताक्षर

INSTRUCTIONS TO CANDIDATES

1. This question paper has 25 questions. Each question carries one mark. There are four choices for answer (A, B, C, D) to each question. Choose the correct answer (one only) for each question and mark it on the Optical Response Sheet (ORS).
2. Questions have been set in English and Hindi, in case of discrepancy, the English version will prevail.
3. Read the instructions given in the ORS carefully.
4. Use a black pen only otherwise, ORS will not be evaluated.
5. Candidate must write Name, Roll No., Date of Examination, Booklet Code and sign on the ORS.
6. The candidate should check that the booklet does not have any unprinted or torn or missing pages or questions etc. If so, get it replaced with another question paper.
7. While marking your answer on the ORS, fully darken the circle. Answer once marked cannot be changed.
8. One (1) mark will be awarded for each correct answer and minus one by three ($-\frac{1}{3}$) mark for each incorrect answer. The unanswered questions will not attract negative marks.
9. Return the ORS to the invigilator after the examination is over.
10. Candidate is allowed to take away question paper after the examination.
11. Mobile and other Electronic Gadgets are prohibited in the examination. Watches of any kind are also not allowed.
12. Use of unfair means in examination will lead to cancellation of candidature.

CORRECT Method of Answering in ORS ORS में उत्तर देने का सही तरीका	WRONG Method of Answering in ORS ORS में उत्तर देने का गलत तरीका
	

उम्मीदवारों के लिए अनुदेश

1. इस प्रश्नपत्र में 25 प्रश्न हैं। प्रत्येक प्रश्न के उत्तर के लिए चार (A, B, C, D) विकल्प हैं। प्रत्येक प्रश्नके लिए सही उत्तर (केवल एक) चुनें और उसे Optical Response Sheet (ORS) शीट पर चिह्नित करें।
2. द्विभाषी प्रश्नों में कोई विसंगति होने की स्थिति में अंग्रेजी विवरण मान्य होगा।
3. ORS में दिए गए निर्देशों को ध्यान से पढ़ें।
4. केवल काले पेन का प्रयोग करें, अन्यथा ORS का मूल्यांकन नहीं किया जाएगा।
5. ORS शीट पर अपना नाम, रोल नंबर, परीक्षा की तिथि, पुस्तिका कोड लिखें और हस्ताक्षर करें।
6. उम्मीदवार को यह जांचना चाहिए कि इस पुस्तिका में कोई अमुद्रित या फटे या लापता पृष्ठ या प्रश्न आदि नहीं हैं। यदि ऐसा है, तो इसे एक नये प्रश्न पत्र से बदल लें।
7. ORS पर अपना उत्तर अंकित करते समय उस गोले को पूरी तरह से काला कर दें। एक बार अंकित उत्तर को बदला नहीं जा सकता।
8. प्रत्येक सही उत्तर के लिए एक (1) अंक प्राप्त होगा और प्रत्येक गलत उत्तर के लिए एक बटा तीन ($-\frac{1}{3}$) अंक घटा दिया जाएगा। अनुत्तरित प्रश्न नकारात्मक अंक आकर्षित नहीं करेंगे।
9. परीक्षा समाप्त होने के बाद ORS निरीक्षक को लौटा दें।
10. उम्मीदवार को परीक्षा के बाद प्रश्न पत्र अपने साथ ले जाने की अनुमति है।
11. परीक्षा में मोबाइल और अन्य इलेक्ट्रॉनिक गैजेट्स वर्जित हैं। किसी भी प्रकार की घड़ियों की भी अनुमति नहीं है।
12. परीक्षा में अनुचित साधनों के प्रयोग की स्थिति में उम्मीदवारी रद्द कर दी जाएगी।

(Objective type questions)

(वस्तुनिष्ठ प्रकार के प्रश्न)

Each question carries 1 mark

प्रत्येक प्रश्न के 1 अंक है

1. Pathological repetition by imitation of words of another person is called as
 - A. Echolalia
 - B. Stereotype
 - C. Tangentiality
 - D. Circumstantiality

2. A state of indifference, or the suppression of emotions such as concern, excitement, motivation, and passion, is known as
 - A. Apathy
 - B. Ambivalence
 - C. Catatonia
 - D. Mutism

3. _____ is a fixed, false, unshakable belief that is not related to socio-economic and cultural background and cannot be corrected by giving any rationale.
 - A. Illusion
 - B. Hallucination
 - C. Delusion
 - D. Flight of ideas

4. _____ is a perceptual disorder where the patient experiences sound, images, or voices that do not exist.
 - A. Hallucination
 - B. Illusion
 - C. Delusion
 - D. Anhedonia

5. _____ is an example of paraphilia, when an individual satisfies his sexual desires by fantasizing about non-living objects such as non-sexual body parts, undergarments or bra.
- A. Exhibitionism
 - B. Voyeurism
 - C. Paedophilia
 - D. Fetishism
6. Unusual and excessive sexual desires and urges in females are known as
- A. Zoophilia
 - B. Nymphomania
 - C. Satyriasis
 - D. Transvestism
7. Which of the following is an example of central mental authority or hospital in India?
- A. AIIMS, Delhi
 - B. NIMHANS, Bangalore
 - C. Dehradun Mental Hospital
 - D. Mental Hospital, Bhatinda
8. _____ is a community-based pilot mental health care delivery model to provide primary mental health care, launched in 1985-1991 and was very successful and later adopted by many other states.
- A. Sakalwara project
 - B. Bellary Model
 - C. Raipur Rani project
 - D. Jhalawar project

9. Which of the following is not a benefit of the deinstitutionalization concept in mental health care?
- A. It reduces inpatient expenditure.
 - B. It helps in community socialization.
 - C. It prevents custodial care.
 - D. It leads to poor quality of care.
10. Education on safe sex practice is an example of
- A. Primordial level prevention
 - B. Primary level prevention
 - C. Secondary level prevention
 - D. Tertiary level prevention
11. Planning of vocational services after discharge from mental hospital is an example of
- A. Primordial level prevention
 - B. Primary level prevention
 - C. Secondary level prevention
 - D. Tertiary level prevention
12. This is a level of prevention where a mental health nurse identifies the new cases in the early stage and gives them aggressive treatment to prevent disability. Identify from the given options.
- A. Primordial level prevention
 - B. Primary level prevention
 - C. Secondary level prevention
 - D. Tertiary level prevention

13. _____ is the extension of ICD-10, a popularly known classification system for psychiatric disorders.
- A. International Communicable Disease
 - B. International Classification of Disease
 - C. International Code for Disorders
 - D. International Council for disorders
14. Which of the following organizations/agencies proposed the concept of ICD-10?
- A. American Psychological Association
 - B. World Health Organisation
 - C. Indian Council of Medical Research
 - D. Indian Psychiatry Association
15. Which of the following is an example of emotion disorders in psychiatric patients?
- A. Mania
 - B. Schizophrenia
 - C. Delusion disorder
 - D. Hallucination
16. _____ is a memory disorder in which a person unconsciously fills the memory gaps by using their own material which could be imagination or fictitious.
- A. Déjà vu
 - B. James vu
 - C. Confabulation
 - D. Paramnesia

17. A disorder in which a psychiatric patient assumes abnormal posture and maintains it for a very long time despite being uncomfortable or bizarre is known as
- A. Circumstantiality
 - B. Tangentiality
 - C. Waxy flexibility
 - D. Autotopgnosia
18. A sub-type of delusion where a patient believes that somebody is planning a conspiracy or trying to make a plan to harm or kill him is known as
- A. Somatic delusion
 - B. Persecutory delusion
 - C. Delusion of reference
 - D. Delusion of infidelity
19. Which of the following is an example of antimanic drugs used in the treatment of bipolar affective disorders?
- A. Chlorpromazine
 - B. Amitriptyline
 - C. Sodium valproate
 - D. Haloperidol
20. _____ is absolute contraindication for electroconvulsive therapy administration in a case of severe depression.
- A. Myocardial infraction
 - B. Raised intracranial pressure
 - C. Pregnancy
 - D. History of seizures

21. Aversion therapy, disulfiram ethanol reaction (DER), works on the principles of which of the following learning theories?
- A. Classical conditioning theory
 - B. Thorndike learning theory
 - C. Adult learning theory
 - D. Social learning theory
22. Korsakoff syndrome, a complication of chronic alcohol abuse, occurs due to the deficiency of which of the following vitamins?
- A. Vitamin B1
 - B. Vitamin B2
 - C. Vitamin B3
 - D. Vitamin B12
23. Which of the following serum levels of lithium is considered to be therapeutic to control the occurrence of symptoms of mania?
- A. 0.8–1.2 mEq/L
 - B. 1.0–2.2 mEq/L
 - C. 2.0–2.5 mEq/L
 - D. 2.5–3.0 mEq/L
24. A psychiatric nurse should advise _____ diet to a patient, who is a factory worker, during lithium therapy to avoid lithium toxicity.
- A. Low sodium
 - B. Normal sodium
 - C. High sodium
 - D. Sodium free
25. A psychiatric nurse received a patient in the recovery room after post-ECT. How frequently she should check the vital signs of the patient in the first hours after ECT.
- A. Every 5 minutes
 - B. Every 10 minutes
 - C. Every 15 minutes
 - D. After 30 minutes