

## **Coach (Group B)**

**Max Marks: 50**

### **Section I: Computer Based Test (20 Marks, 1 hour duration)**

**Computer related skill test:** MS word and Excel.

**Coaching related skill test:** History and Principles of Physical Education, Principles of Sports Coaching, Human Anatomy and Physiology, Kinesiology, Test and Measurements, Health Education.

### **Section II: Field Tasks (30 Marks)**

1. Standing Broad Jump
2. Shuttle Run
3. 50 Yards Dash